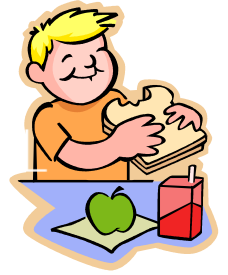




## ENPS Canteen Information Sheet



**Canteen Operates : Every Friday ( commencing 10<sup>th</sup> Feburary)**

**Canteen Manager : Alison Brown**

**Canteen Email: [enpscanteen@gmail.com](mailto:enpscanteen@gmail.com)**

*Please remember we are just starting out and there will be some hiccups.*

The ENPS canteen has based its menu in line with the 'Fresh Tastes at school' strategy in accordance with the Healthy Canteens Association guidelines. Food is divided into 3 categories - Green, Amber and Red. Red foods are cakes, pastries, chips, chocolate, fizzy drinks etc. There are **no** red foods on the menu in the canteen. We have identified green and amber foods on the menu in the form of smiley faces.

### **Menu**

This will change twice a year with a winter and summer focus. Specials will be run regularly to identify popular choices and add variety. If your child has special dietary needs please come and talk to us. We are more than happy to work with you to provide something specially.

There are no nut or whole egg products in the canteen menu.

### **Ordering**

#### **Recess**

- Years K-2 need to order recess
- Years 3-6 have the option to order recess or buy directly from the canteen window at recess time.

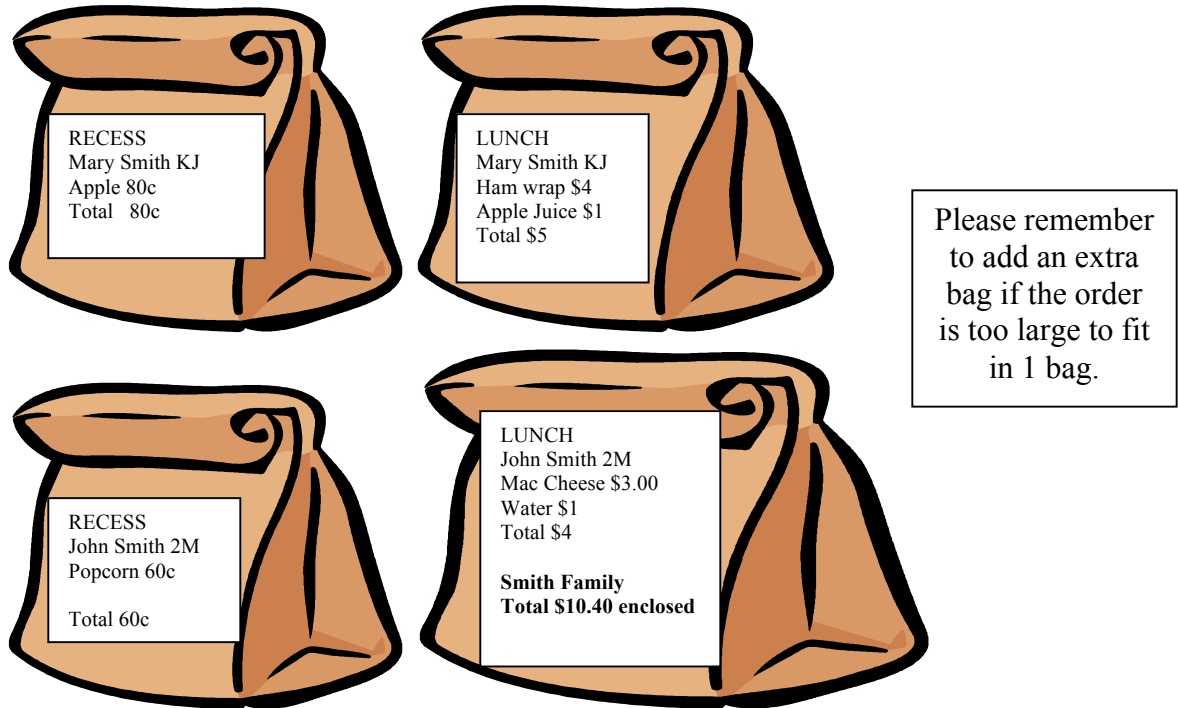
#### **Lunch**

All students need to order lunch.

- Any students that need an early lunch (for SRC, VEG or other school activities will mark their order as EARLY). No hot options can be ordered on an EARLY lunch.

## **It is important to have a separate bag for recess and another bag for lunch.**

Payment for canteen is cash only at this point. You may pay for recess and lunch in one bag. Just bundle up both bags and use an elastic band etc to keep together. If you have more than one child at school bundle up all family's order and pay for everyone in 1 bag. We love notes – they are easier to carry to the bank! See below.



### Where does my order go?

Orders can be dropped off every day up to and including canteen day on Friday. We will be placing a secure letterbox outside the canteen door and each class will also have a 'canteen bag' that the canteen monitors will bring to the canteen on Friday morning. Can we ask a favour? If at all possible can you order by Wednesday for the first term to assist us in shopping as it will be harder to gauge quantities required at first.

### Iceblocks

Iceblocks will continue to be available on Fridays and sold by the canteen staff. Iceblocks can be now ordered with lunch. Iceblocks will also continue to be sold over the counter as an option. A voucher will be placed in the lunchbag that can be redeemed at lunchtime at the express counter. Please remind your children to look for their voucher in the bag.

Iceblocks are not available for recess. Frozen fruit is available at recess.

### Volunteers – We need you!

To remain operating weekly the canteen relies on volunteers to keep it going. Your children love seeing you there. It's also a great way to meet other parents in the school. Great friendships can be formed through volunteering. All helpers get some lunch and a cuppa. Anytime you can spare, even if it's once a year will be happily accepted.

- Any other questions can be directed to Caroline Hale - Canteen Convenor [carolinehale@optusnet.com.au](mailto:carolinehale@optusnet.com.au)